

## **Fighting the Covid-19 pandemic**

### **Social behavior**

Although these instructions are obviously not very user-friendly on vacation, everyone will understand that this is an exceptional situation in 2020 where everyone must make an effort, in the most relaxed possible spirit where good mood and common sense should prevail. We will do everything possible to make your stay unforgettable.

A safety distance of 1.50m is to be respected between people whenever possible. The necessary close interactions should be minimized.

Conversations outside the family circle should take place outside as much as possible.

Wearing a mask is mandatory when interacting closely with other people, especially in confined spaces. It is obviously not required within the family circle.

As a reminder, the mask is used above all to avoid projections of droplets from the mask wearer to the outside (hands, people and objects). It protects very little the wearer himself in inhalation.

It cannot therefore be a question of choice of personal protection, but an obligation not to put others at risk. The right attitude to adopt is to imagine that you are a carrier and that you do everything to avoid contaminating others by sputum or by touch.

If everyone protects the others, you protect yourself.

Particular attention should be paid to children's behavior.

Any case of fever should be reported immediately.

Doctor Saint-Béat in Lacapelle-Biron: tel. 05 53 40 85 03

Regular hand washing **with soap and water** is essential.

Wearing gloves is a double-edged sword: the gloves themselves can be contaminated and therefore contaminate the environment. Except in special cases, it is much better to keep your hands bare and wash them very often.

### **Hand washing or hydro-alcoholic gel?**

It is **best to wash your hands**, up to the middle of your forearm, whenever a point of drinking water is available. It must be systematically **carried out with a soap**, preferably liquid, respecting a minimum washing time of **thirty seconds**. Rinse and dry hands thoroughly with clean or disposable towels (or air jet drying).

The National Medicines Safety Agency recommends the use of hydro-alcoholic solutions and gels **only** in the absence of an available water point. Because if alcohol eliminates most of the viruses and bacteria on your hands, it does not "wash".

**How to use the gel:** never use it on dirty hands or wounds. It is important to respect a friction time with the product of at least 30 seconds until dry hands are obtained. If the product is not allowed to dry sufficiently, this will reduce its effectiveness.

## Swimming pool

The swimming pool is open and heated.

The water itself does not present any particular risk (disinfection with chlorine).

The risk of possible contamination is rather around it: terrace and furniture and especially direct interactions between people (conversations).

- Limit the time spent at the pool to swimming time (the number of deckchairs has been reduced at the pool and they are spaced two by two). You can group furniture by family.
- Wash your hands at the sanitary before entering!
- Take off your shoes at the entrance as usual and go through the footbath and the shower.
- Limit interactions with other families; wearing a mask is recommended if close conversations with other families.
- Disinfectant wipes are available to clean the sun loungers before use (to be thrown in the trash provided next to it).
- Respect a distance of 2m between deckchairs of different families.
- In general, think about avoiding the risk of contaminating the environment.
- Take a soap shower on the way home as an extra precaution.

## Activities

Although this goes against the very spirit of a holiday village, exceptionally limit interactions with other residents this year.

- Avoid close interactions with other families (safety distance).
- Wear a mask for close-up activities with other residents (pétanque, etc.).
- Wash your hands before and after activities where you manipulate objects with your hands (pétanque, tennis, table tennis).
- Make the most of the lawns for sunbathing or picnics, away from other residents.
- Unfortunately there will be no children's club this year.

## Sports

Important: favour the use of your **personal rackets and balls**.

Rackets and balls are available on loan from Reception against deposit (limited stock). When returned, they will be disinfected and the balls will be put aside for 3 days (one box identified per day).

## **Barn / Bar**

The barn is very large (large volume of air) but you should not stay there more than necessary to order a drink at the bar.

- Opening in principle in July-August only.
- In the Barn, stay with the family.
- Drinks will be served on the terrace with tables more spaced than usual.
- It is advisable to sit down only with family so as not to have to wear a mask.
- The furniture will be disinfected after your departure.

## **Restaurant / Organized meals**

We will be able to offer our meals as usual with a few adjustments and compliance with the rules of physical distancing outside the family circle.

Restaurant: table spacing per family.

Group meals (mussels and fries, barbecue): independent tables (per family) instead of long tables; respect for distances when you are going to be served.

See specific document for this summer's program.

## **Departure**

For your protection, the procedures for cleaning and disinfecting the accommodation are longer and more expensive than usual.

To partially compensate for these additional costs, a small compulsory health supplement had to be added for all accommodation.

If you choose to do the final cleaning yourself, you still have to pay this supplement because we will have to come back to you anyway to finalize the work with ad-hoc disinfectants.

- Imperative departure before 10am (preferably before 9am if you entrust us with cleaning).
- For the protection of our staff and the following customers, please put the laundry in a ball wrapped in a sheet to facilitate handling with the least possible contact, but please leave mattress covers, pillowcases and duvet covers in place: we will take care of it so that you do not have direct contact with mattresses, pillows and duvets.
- If you do the cleaning yourself, don't forget to start with the tops (cupboards, table tops, etc.) and carefully sweep the floors before washing them thoroughly. We will then pass disinfect all the objects with which the hands are most often in contact such as handles of doors or cupboards, switches, taps, chair backs, counters, etc.
- During your stay, we advise you to use approved bactericidal / virucidal products, but certainly not based on bleach which discolours fabrics.

- As an additional precaution, we suggest that you redo the dishes before using them (we cannot spray chemicals on them!).

### **Housing rotation**

Out of the high season, we will try to leave the accommodation empty at least 3 days between two occupations. In such case, in order to allow accommodation to be rotated, we may have to put you in another accommodation than the one provided.

In July-August, you could possibly consider arriving on Sunday rather than Saturday (after notifying us) in order to leave your accommodation empty for at least one day and give us time to take care of it with even more care. To allow everyone to be greeted and informed, the welcome drink will be delayed until 6 p.m. Sunday.

We exceptionally ask that one or two representatives per family maximum attend the welcome drink to limit the number of participants and respect the recommended distances, otherwise wearing a mask will have to be mandatory.

With good will and in good mood, everything will be fine!

And in any case, better than in town or at the beach ...

## RESTAURANT - Summer 2020 program

### **Saturday arrivals, from 7:30 p.m.**

Normal restaurant with menu, by reservation before arrival to prepare the organization of tables according to the size of families.

### **Sunday 7:30 p.m.**

Mussels and fries, on site or to take away (your choice), by reservation before 2 p.m.  
Respect the distances to get served, no need for a mask for customers.

### **Monday from 7:30 p.m.**

Hamburgers and fries, on the spot or to take away (your choice); reservation requested.

### **Wednesday from 7:30 p.m.**

Perigordian Parmentier (mashed potato, shredded duck confit, onions) to take away, on order the day before.

Note: gourmet market in Salles, if it takes place, not recommended in 2020 (too crowded).

### **Thursday 7:30 p.m.**

Barbecue: starter served at the table, grills and side dishes served on the grill, choice of desserts, coffee.  
Respect the distances to get served (no self-service buffet), no need for a mask for customers.

### **Friday from 7:30 p.m.**

Périgord dinner, by reservation to prepare the organization of tables according to the size of the families.  
Special adult dishes (vegetarian, etc.) and children's menus, state at time of booking before 2 p.m.